



PATIENT INSTRUCTIONS 24-HOUR URINE COLLECTION

Your doctor has ordered a test that needs urine collected for 24 hours. This is for diagnosis of your case. Lab test results are based on the sample. The sample must be collected for a full 24 hours. The specimen must be kept refrigerated the entire time.

Please read all these steps before you begin. Call (970) 820-6890 with any questions.

1. Write your first and last name, date of birth, height and weight on the bottle.
2. Pick a time to start the urine collection. To start, empty bladder as much as possible and **THROW AWAY THIS SAMPLE**. Document this date and time as the Start Date and Time on the 24-hour urine bottle and in the box below.
3. Collect all urine for the next 24 hours. This includes urine before having a bowel movement.
4. Keep the sample refrigerated in between collections.
5. At the end of the 24-hours, empty bladder and pour this into the bottle.
6. Document this date and time as the End Date and Time on the 24-hour urine bottle and in the box below.
7. Bring the bottle, all papers for this order, and your insurance card to the lab as soon as possible after finishing.

NOTES:

- The sample cannot be contaminated with stool because this will greatly change the results.
- If for any reason a part of the urine is lost, the results will be wrong. Please start the 24 hours over.

Please fill out the below information and return this form with sample to any Horizon Laboratory location listed on the back of this page or visit www.horizonlaboratory.com for locations.

Patient Name _____ Date of Birth _____

Collection Start Date _____ Collection End Date _____

Collection Start Time _____ Collection End Time _____

Patient Height _____ Patient Weight _____

Ordering Provider _____

LAB USE ONLY:

Total Volume _____ Total time _____ FIN _____



**PATIENT INSTRUCTIONS
24-HOUR URINE COLLECTION**

Horizon Laboratory Locations

Greeley

Horizon Laboratory at
Summit View Medical Commons
2001 70th Avenue
Greeley, CO 80634
Mon-Fri: 7:00 am-5 pm
Saturday: 7:00 am-Noon

Fort Collins

Horizon Laboratory at
Banner Health Center-Drake
702 W. Drake Road, Bldg A
Ft. Collins, CO 80526
Mon-Fri: 7:30 am-4:30 pm
(Closed 12:30 pm.-1:30 pm)

Horizon Laboratory at
Banner Fort Collins Medical Center
4700 Lady Moon Drive
Ft. Collins, CO 80528
Mon-Fri: 7:00 am-5 pm
Saturday: 7:00 am-Noon

Windsor

Horizon Laboratory at
Banner Health Clinic-Windsor
1300 Main Street
Windsor, CO 80550
Mon-Fri 7:30 am-4:30 pm
(Closed: 12:30 pm – 1:30 pm)

Loveland

Horizon Laboratory at
Skyline Center for Health
2555 E. 13th Street, Suite 115
Loveland, CO 80537
Mon-Fri: 7:00 am-5:00 pm
Saturday: 7:00 am-Noon

Horizon Laboratory at
Banner Health Center-SW
1230 SW 14th Street
Loveland, CO 80537
Mon-Fri: 7:30 am-4:30 pm
(Closed 12:30 pm-1:30 pm)

Sterling

Horizon Laboratory at
Banner Health Clinic-Sterling
102 Hayes Ave
Sterling, CO 80751
Mon-Fri 7:00 am-4:00 pm
(Closed 12:00 pm – 1:00 pm)



TO BE GIVEN TO THE PATIENT, DO NOT SCAN